

# Highlights from IMS 20th meeting 2023

Dr. Roberto Mina

Terapie MRD-guidate: dati  
disponibili e possibili algoritmi  
terapeutici

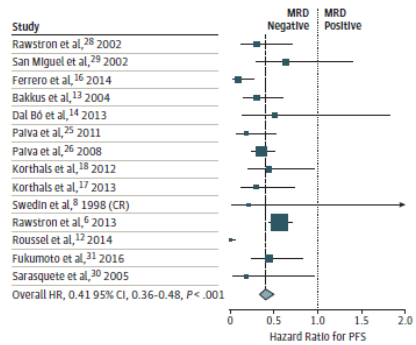
30-31 gennaio 2024  
BOLOGNA, Royal Hotel Carlton

## Disclosures of Roberto Mina

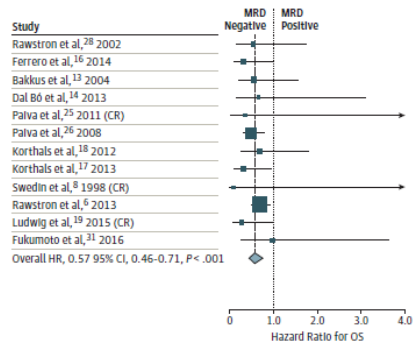
Company name	Research support	Employee	Consultant	Stockholder	Speakers bureau	Advisory board	Other
Janssen			x			x	x
Sanofi						x	x
BMS						x	x
GSK						x	x
Takeda						x	
Amgen						x	
Pfizer						x	
Menarini Stem-line							x

# Overall effect of MRD status on PFS and OS

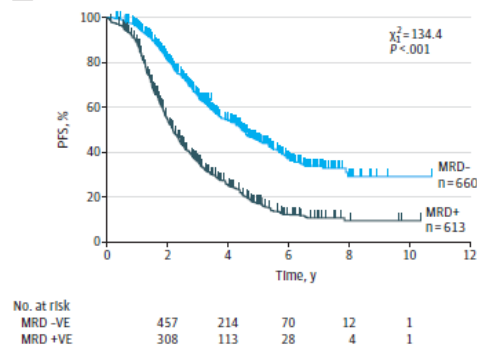
**A** Overall PFS hazard ratio forest plot



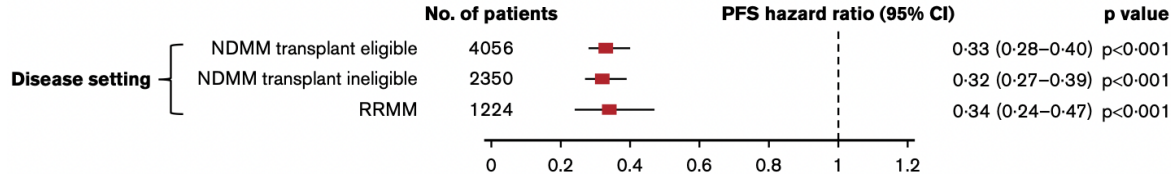
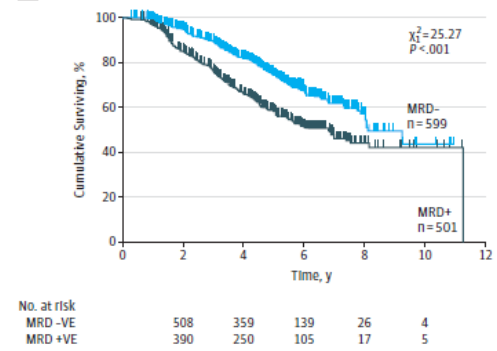
**B** Overall PFS hazard ratio forest plot



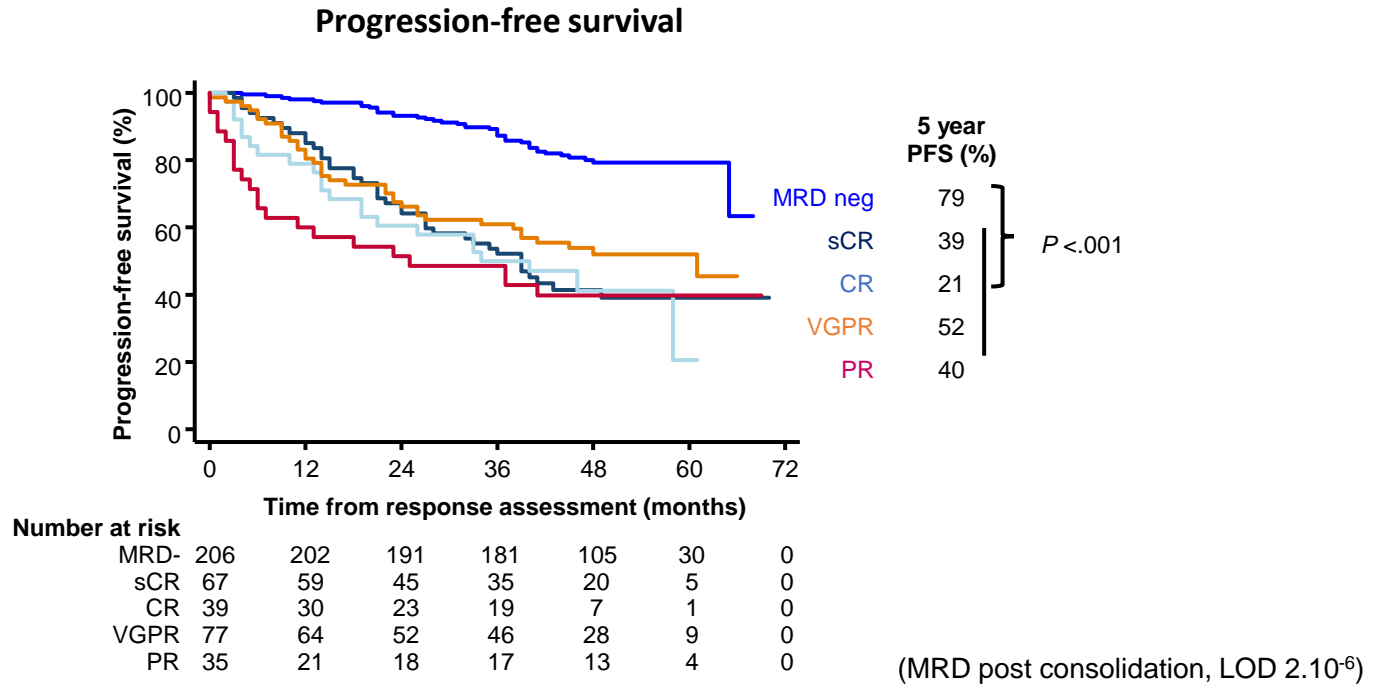
**C** Overall PFS by MRD status



**D** Overall OS by MRD status

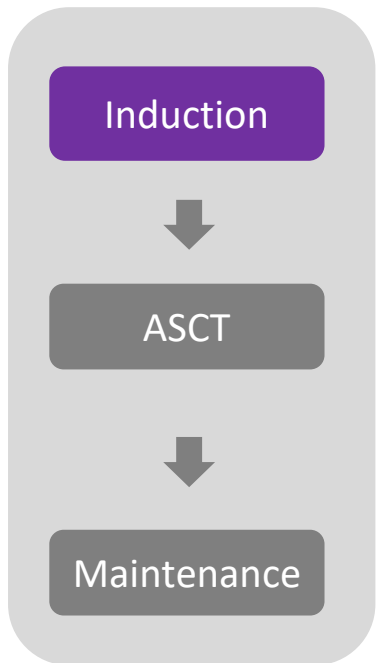


# Is the current IMWG response criteria system still relevant in the MRD era?

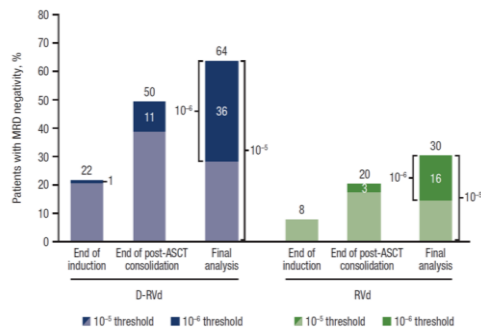


*Transplant-eligible patients treated with Bortezomib-Lenalidomide-Dexamethasone induction and consolidation*

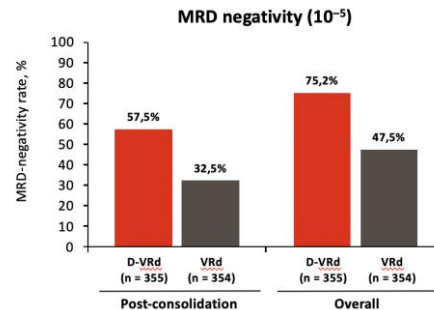
# MRD as a new endpoint in clinical studies



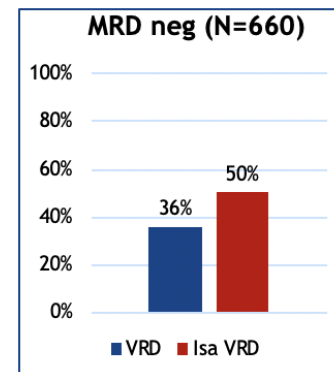
CASSIOPEIA  
DVTd vs VTd

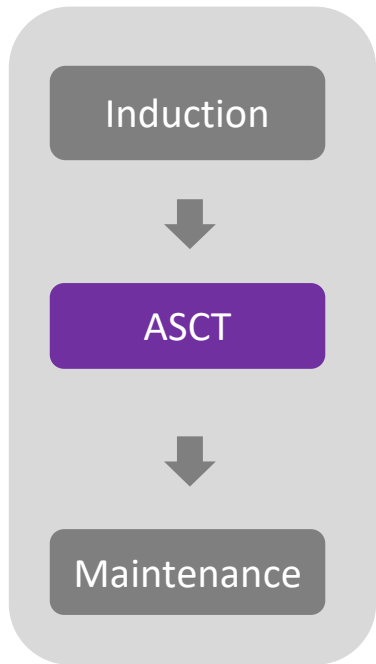


PERSEUS  
DVRd vs VRd

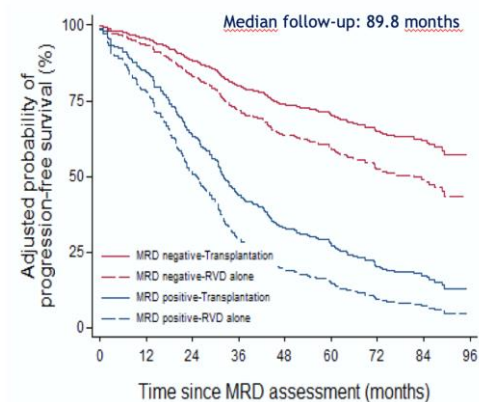
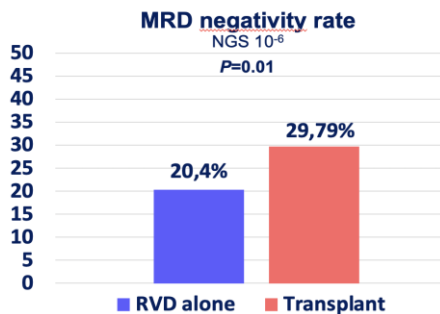


GMMG-HD7  
Isa-VRd vs VRd



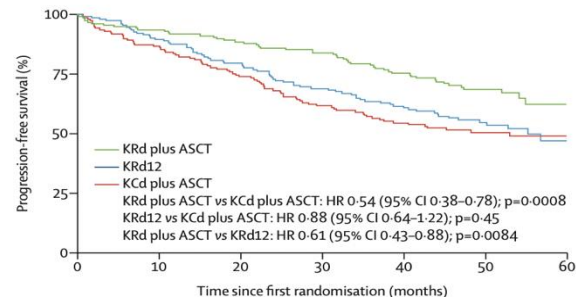
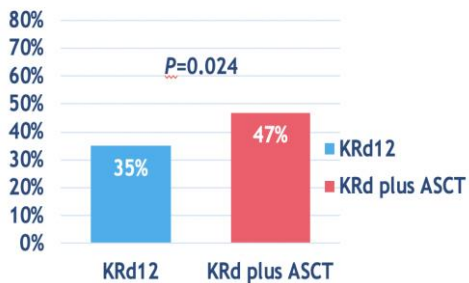


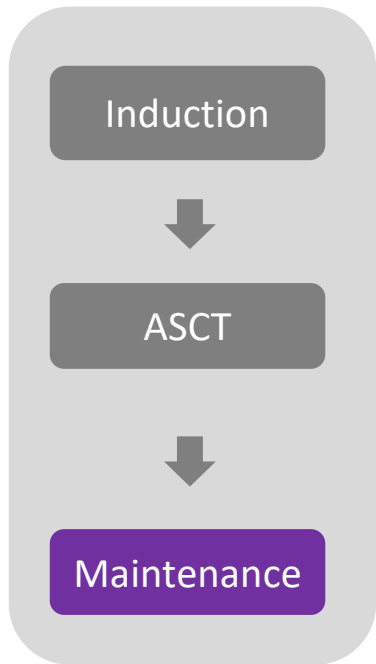
## IFM2009: VRd-ASCT vs VRd



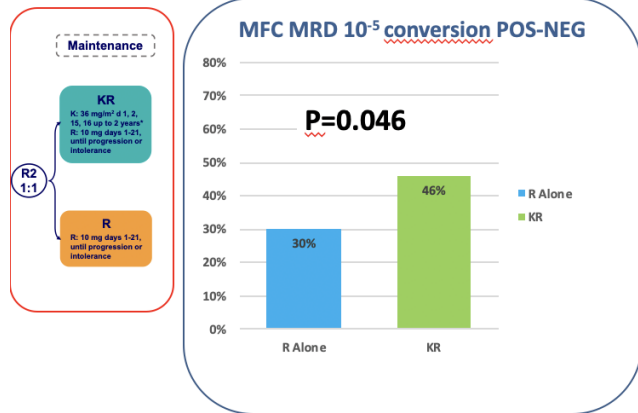
## FORTE: KRd-ASCT vs KRd

### 12-month sustained MRD negativity rates

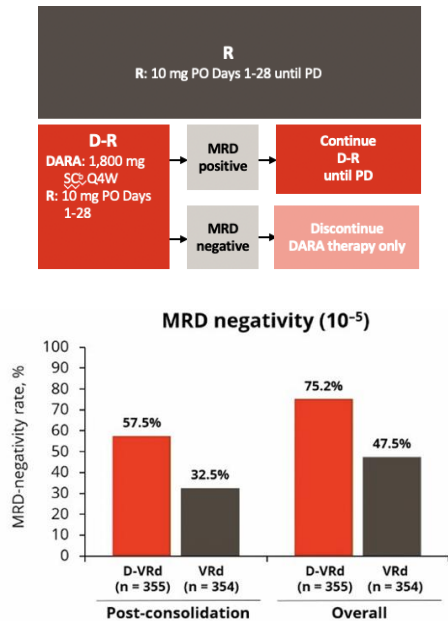




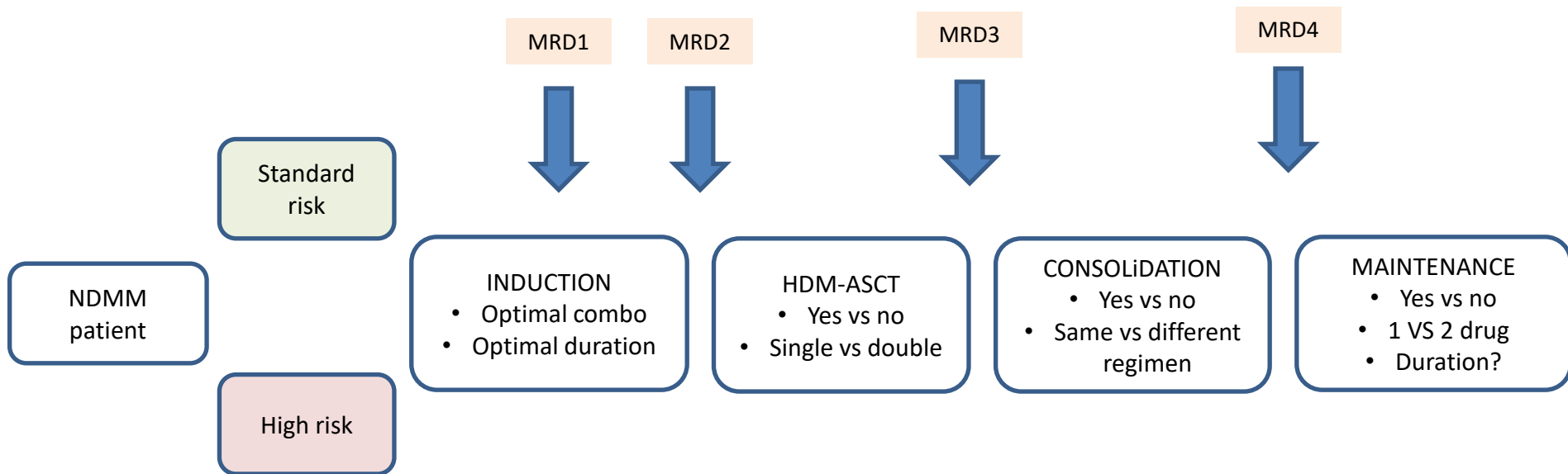
## FORTE: KR vs R maintenance



## PERSEUS: DR vs R maintenance

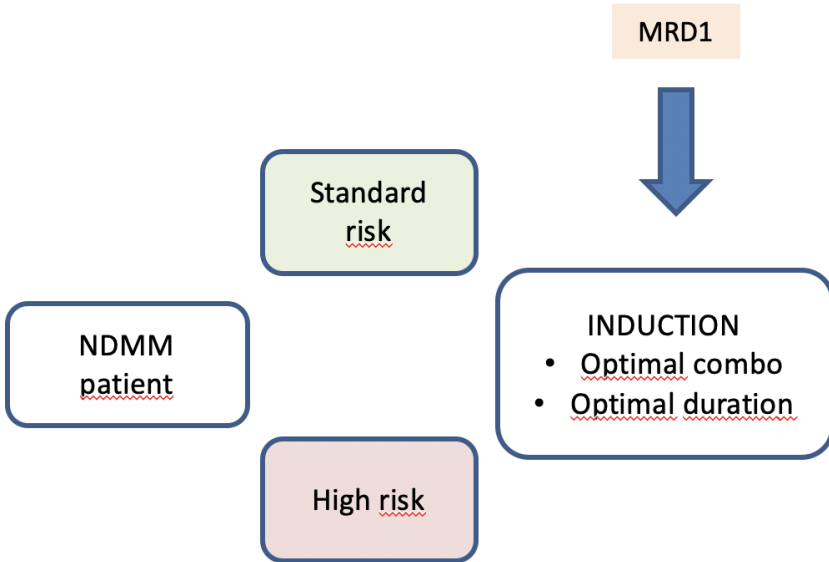


# Can we use MRD to drive treatment choices?

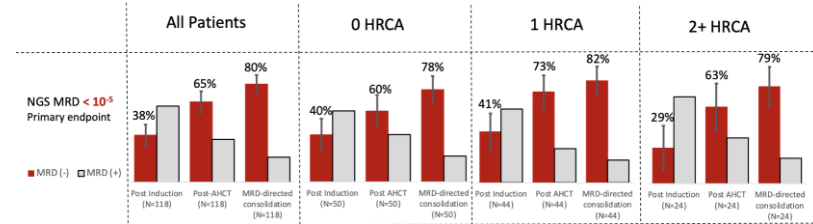




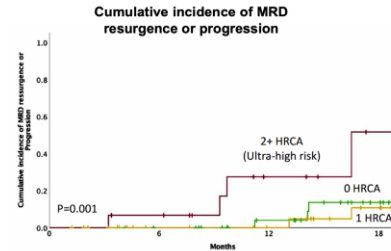
# Are all MRDs created equal?



## The MASTER trial

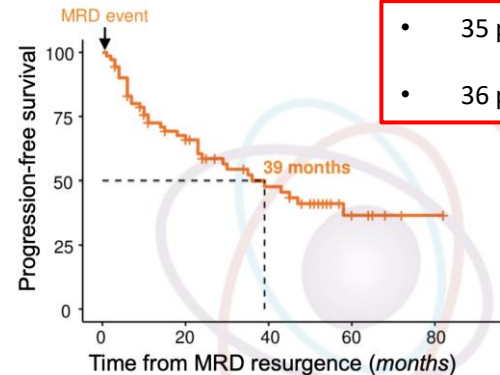
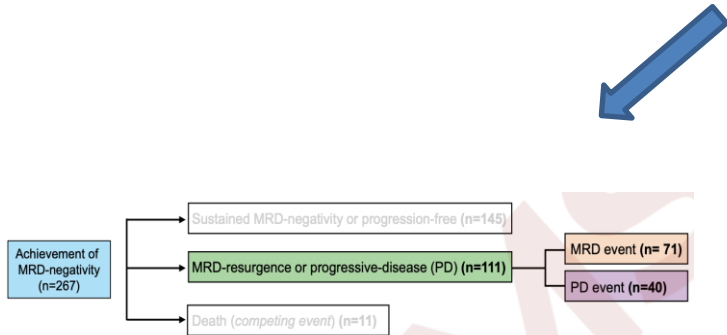
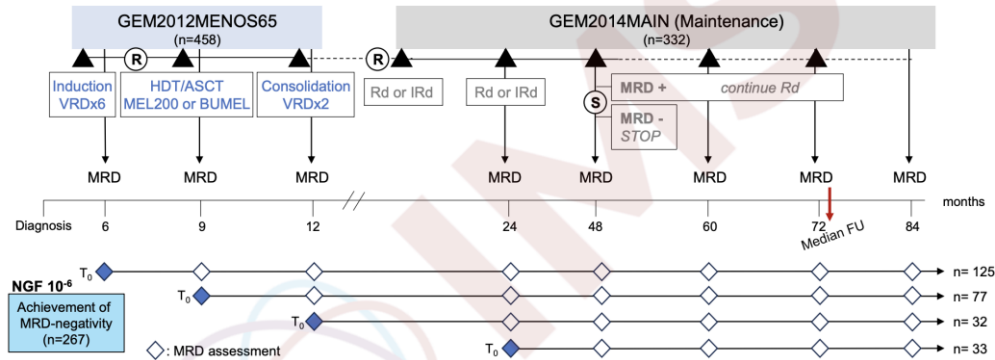


### Stopping therapy in sustained MRD-negativity with Dara-KRd MASTER MRD-SURE

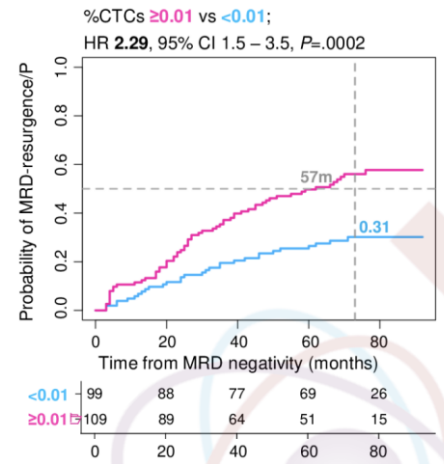
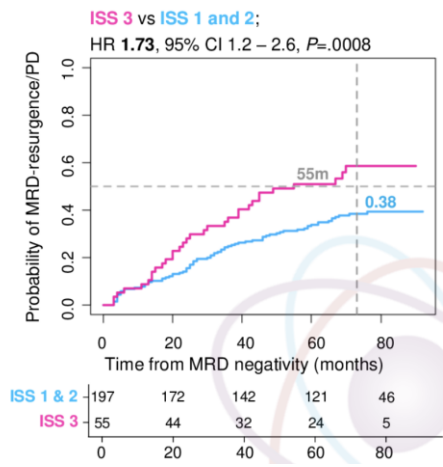
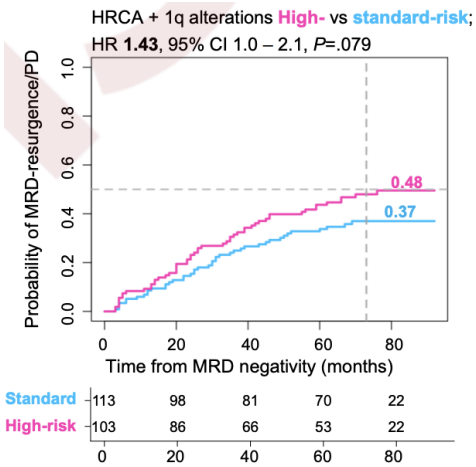


- Sustained MRD-negative similar for risk groups
  - 0 HRCA – 62%
  - 1 HRCA- 78%
  - 2+ HRCA – 63%
- Risk of MRD resurgence or progression 12 months after treatment cessation
  - 0 HRCA – 4%
  - 1 HRCA- 0%
  - 2+ HRCA – 27%

# Predicting the risk of MRD resurgence



# Cytogenetics, ISS and CTC are predictors of unsustained MRD



ISS	CTCs	Achievement of MRDneg	
1 or 2	< 0.01	post-induction (≤6m)	None
1 or 2	< 0.01	later (>6m)	One
1 or 2	≥ 0.01	post-induction (≤6m)	One
3	< 0.01	post-induction (≤6m)	Two or more
3	≥ 0.01	post-induction (≤6m)	Two or more
3	< 0.01	later (>6m)	Two or more
1 or 2	≥ 0.01	later (>6m)	Two or more
3	≥ 0.01	later (>6m)	Two or more

Risk factors:  
**One vs none**; HR 2.24, 95% CI 1.2–4.1, P=.008  
**Two + vs none**; HR 4.39, 95% CI 2.5–7.7, P<0.0001  
**Two + vs one**; HR 1.96, 95% CI 1.3–2.9, P=.001

# KRd plus anti-CD38 MoAb in Patients With High-Risk Newly Diagnosed MM

## GMMG-CONCEPT, phase II study



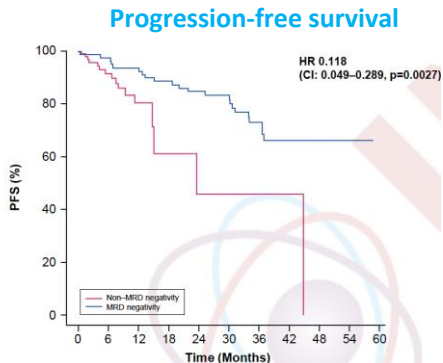
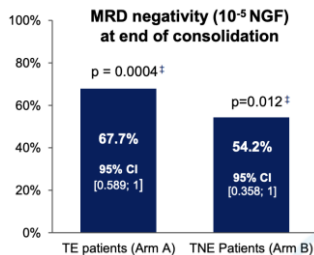
**Key eligibility criteria:**

- ✓ Age ≥18 years with NDMM
- ✓ HRMM

**HRMM criteria:**

- ISS stage II or III PLUS
- ≥1 of: del(17p), t(4;14), t(14;16) and/or >3 copies 1q21†

Patients can receive up to 1 cycle of anti-myeloma therapy before inclusion



**Sustained MRD negativity for ≥12 months: 63% (TE) and 46% (TIE)**

## IFM 2018-04, phase II study

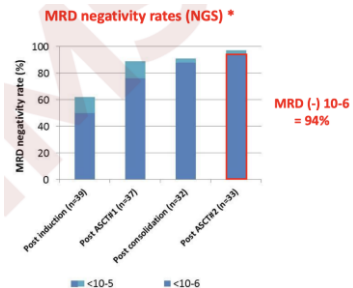


**Key inclusion criteria:**

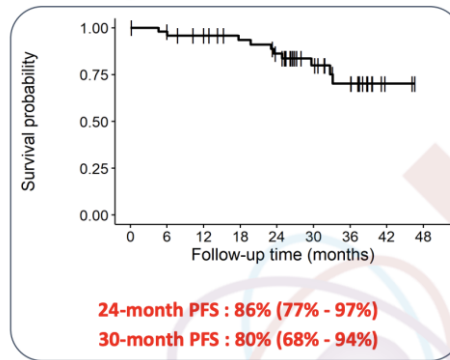
- Age < 66
- Newly diagnosed multiple myeloma
- Transplant-eligible
- High-risk FISH : t(4;14), 17p Del, t(14;16)
- ECOG 0-2

**Objectives:**

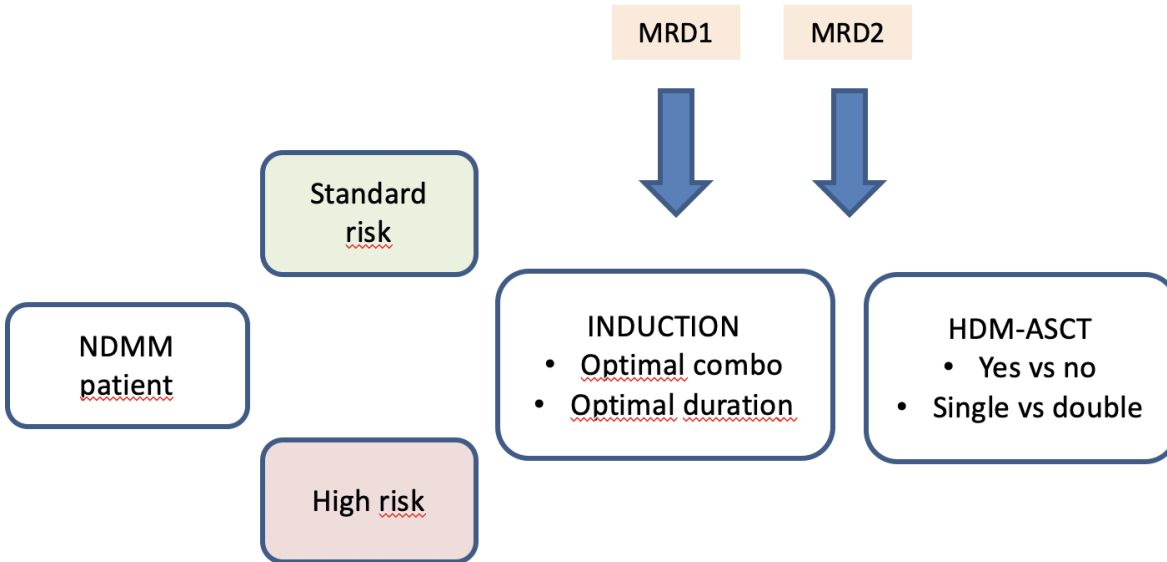
- **Primary Objective:** Feasibility  
primary endpoint : >70% patients receiving 2nd transplant
- **Secondary Objectives:** Safety, ORR, PFS, OS, stem-cell collection



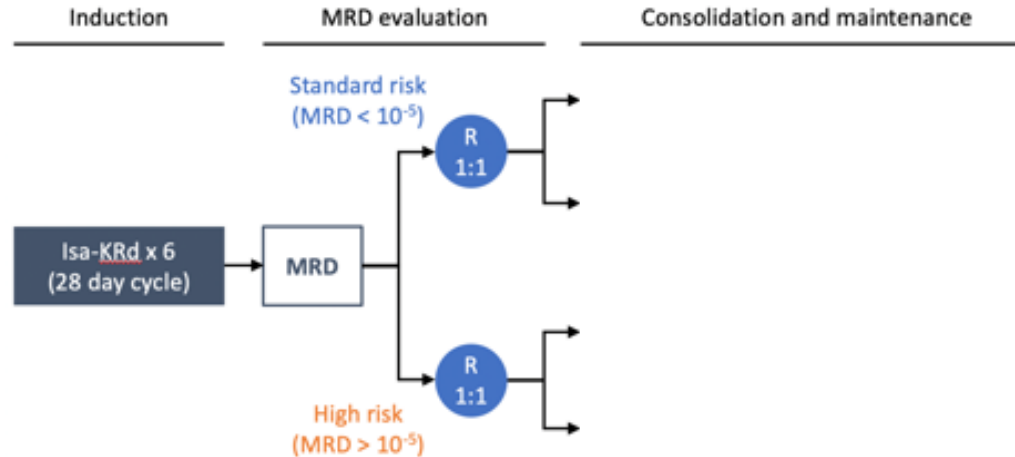
### Progression-free survival



# Can we use MRD to drive treatment choices?



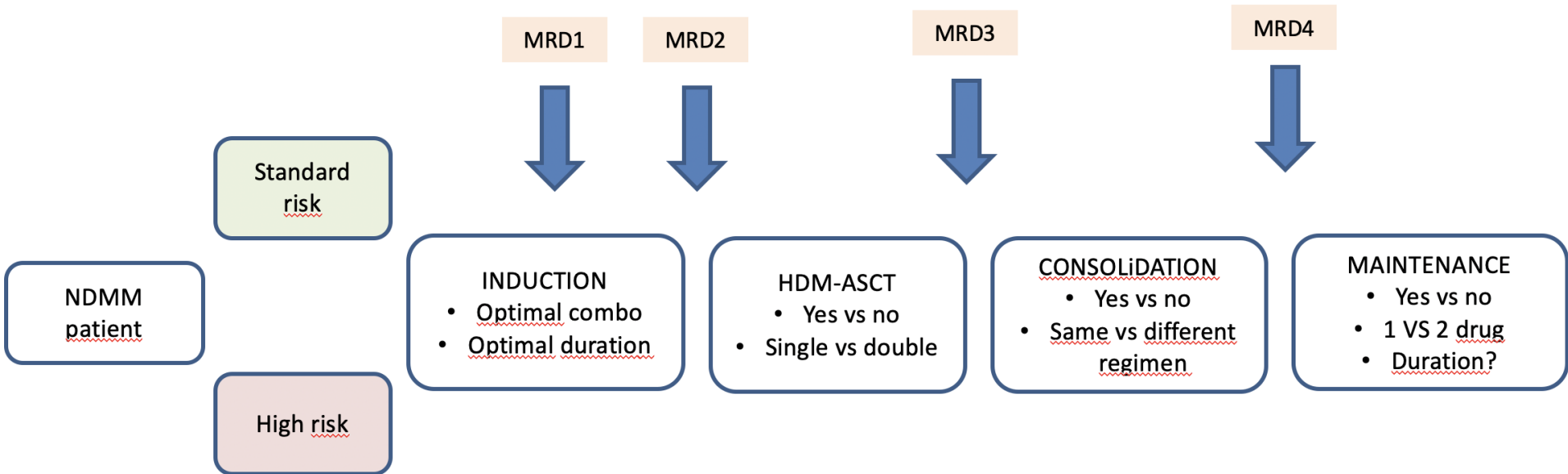
# The role of Autologous transplant in standard and high risk multiple myeloma: the MIDAS<sup>1</sup> study



ASCT, autologous stem cell transplant; Dara, daratumumab; HDM, high-dose melphalan; Isa, isatuximab; KRd, carfilzomib, lenalidomide, dexamethasone; MRD, minimal residual disease; PD, progressive disease; R, lenalidomide; VRd, bortezomib, lenalidomide, dexamethasone

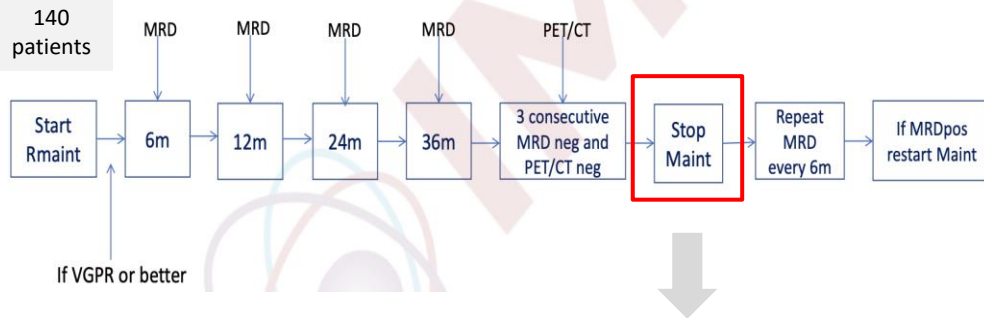
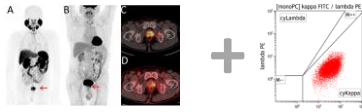
1. [ClinicalTrials.gov/NCT04934475](https://ClinicalTrials.gov/NCT04934475)

# Can we use MRD to drive treatment choices?



# Can MRD status drive treatment duration?

## Prospective study on maintenance discontinuation



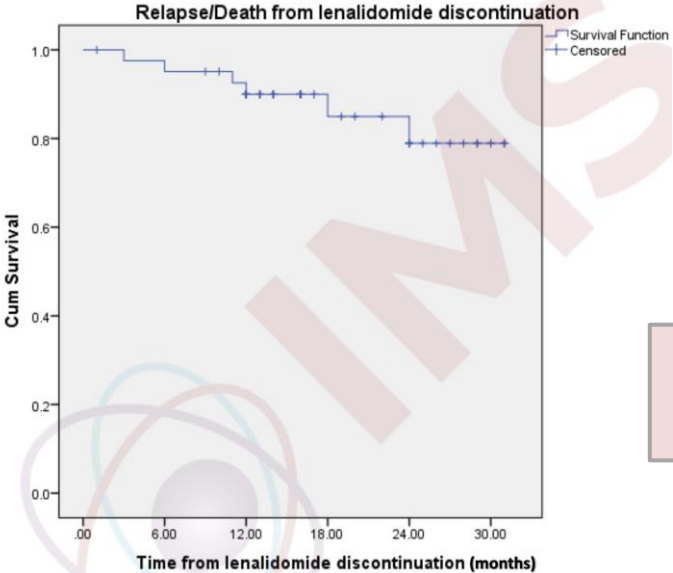
Discontinued len after 3 years at least: 42 patients

Patients who completed 36 months of lenalidomide maintenance N=42	
Age at diagnosis (median, range)	56 (43-66)
Sex (male)	50%
MM subtype (IgG; IgA; LC)	52.4%; 26.2%; 21.4%
High risk cytogenetics	29%
ISS 3	17.1%
RISS 3	7.5%
Follow up from Maintenance start (median; range)	53 months; (38-68)
Follow up from Maintenance stop (median; range)	16 months; (1-31)



# Sustained MRD negativity may be used to STOP maintenance after ASCT

## Risk of relapse or death from lenalidomide discontinuation



At risk	42	41	38	18	14	4
MRD negative	42	39	36	18	13	4

42 patients with sustained MRD negativity ( $10^6$ ) discontinue lenalidomide maintenance

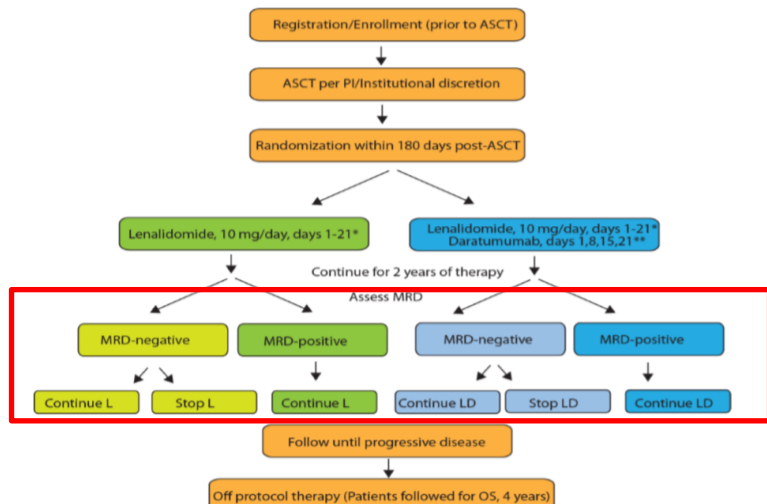
5 patients MRD pos → neg  
 1 patient → PD  
 1 patient → death

MRD neg after 12 months: 36/38  
 MRD neg after 18 months: 18/18  
 MRD neg after 24 months: 13/14

# Minimal Residual Disease to Direct Therapy Duration

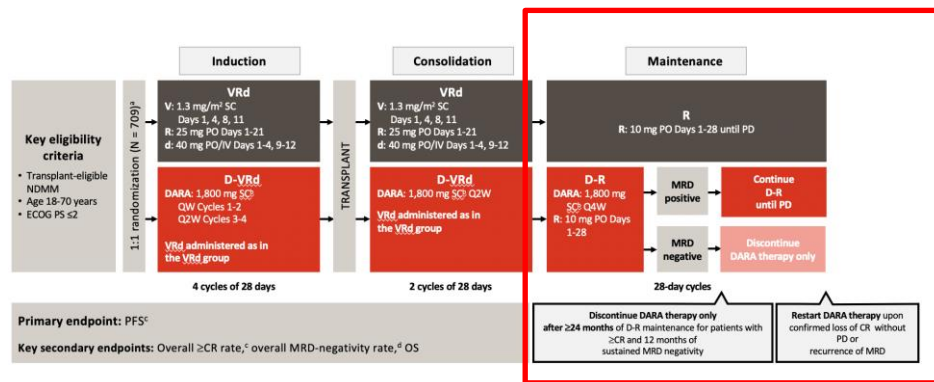
DRAMMATIC STUDY SWOG1803/BMT CTN1706

## Treatment/Schema



\*After 3 months, may be raised to 15 mg/day if ANC and platelet counts acceptable; non heme tox to Gr 0-1  
\*\*Dosing will be changed to monthly dosing after month 2

EMN17/PERSEUS study



64% of patients receiving maintenance in the D-VRd group discontinued DARA after achieving sustained MRD negativity

# Conclusions

- **MRD** status **correlates** with **PFS and OS** thus becoming a primary endpoint in an increasing number of studies.
- With current frontline treatments, 2/3 of transplant eligible and 1/3 of transplant ineligible MM patients can achieve MRD negativity ( $10^{-5}$ ).



Can MRD be used to predict the risk of relapse and drive treatment choices?

## What we know:

- High-risk patients can achieve similar rates of MRD negativity to standard risk ones with aggressive regimens
  - Issue of durability: high-risk cytogenetics, CTCs and ISS3 predicts a higher risk of unsustained MRD negativity
  - Sustained MRD negativity may represent a reliable tool for maintenance discontinuation
- **What we need to know:**
    - **Who** to test: MRD assessment: **immunofixation** positive vs negative
    - **When** and for **how long**: Optimal **time-point** for MRD assessment and definition of **sustained** MRD negativity (1, 2...5 years?)
    - **Where**: **peripheral blood techniques** versus bone marrow evaluation?

# ACKNOWLEDGEMENTS

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Azienda Ospedaliero-Universitaria Città della Salute e della Scienza di Torino, Torino, Italy**

Prof . Benedetto Bruno

## **Clinical trial and multiple myeloma Unit:**

Dr. Sara Bringhen  
Dr. Francesca Gay  
Dr. Alessandra Larocca  
Dr. Giulia Benevolo  
Dr. Stefania Oliva  
Dr. Roberto Mina  
Dr. Mattia D'Agostino  
Dr. Giuseppe Bertuglia  
Dr. Lorenzo Cani  
Dr. Andrea Casson  
Dr. Tommaso Picardi

Laboratory Staff  
Transplant Unit  
Nurses  
Data Managing Staff  
Statisticians

**European Myeloma Network (EMN)**  
Prof. Mario Boccadoro



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